



**HUTT** maternity

Hutt Valley Maternity Care

**Combined Antenatal  
Diabetes & Secondary  
Care Obstetrics Team -  
HVDHB**

Appointment Information for  
women



## **Attending the HVDHB Combined Antenatal Diabetes and Secondary Care Obstetric Clinic**

Welcome to the Hutt Valley District Health Board (HVDHB) combined antenatal diabetes and secondary care obstetric clinic. This service has been set up to meet the needs of women with pre-existing and gestational diabetes, who are recognized as needing specialist Obstetric and Diabetes Management. Your Lead Maternity Carer (LMC) or General Practitioner (GP) has referred you to our service.

You will be contacted directly by the Diabetes Clinical Nurse Specialists for blood sugar monitoring education if required. The Diabetes Clinical Nurse Specialists will also arrange for you to regularly send them your blood sugar readings.

Our team consists of a Specialist Obstetrician who is supported by Registrars and a Midwife employed at HVDVB, an Endocrinologist (specialist in diabetes care), Diabetes Nurses and Dietician. We may also use the support of the hospital social workers, physiotherapist and lactation consultants.

## Attending your appointments

At your initial and subsequent appointments you may either see both the Endocrinologist and Obstetrician or just one of these specialists.

If you are unsure if you are seeing both specialists, please ask the Midwife to check before leaving the clinic. This saves you having to return for extra appointments.

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The clinic is held in Suite 2 Outpatients department Hutt Hospital each week on Thursday mornings between 9am and 11am.

On arrival please enter through the main High Street entrance and check in at General Outpatients located on your left through the glass doors.

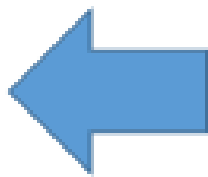
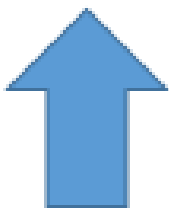
Then proceed to Suite 2 Outpatients waiting room. This is the first door on your right down the corridor opposite the main lifts.

See Map on next page

Suite 2

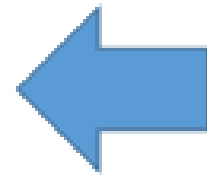
Lifts

Radiology



General  
outpatients

MAU



Main Entrance  
High Street