



# HUTTmaternity

Hutt Valley Maternity Care

## Autumn 2016

### Huttmaternity EXPO

In July 2015 we held our inaugural Huttmaternity Expo. This was a great opportunity to network with LMCs, GPs, NGOs and other community groups with a stake in maternity care. Multiple agencies displayed their groups, roles and activities.

Hold the date for Huttmaternity EXPO 2016, 4.30 – 7.30, July 7<sup>th</sup>.

### Ref Plus update

Our Obstetric team has been working on a draft Referral Guideline Plus document. This document is based on the MOH Guidelines for Consultation with Obstetric and Related Medical Services (Referral Guidelines), and has localized the information and provided more description on when to refer women and clinical recommendations / rationale.

It covers all the referral reasons to Secondary Care Services for pre-existing and/or co-existing medical conditions, but does not include categories for Labour & Birth, or Services Following Birth. The aim of this document is to encourage timely referrals and provide the clinician with clinical recommendations.

A link to the electronic version can be found here:

<http://www.huttmaternity.org.nz/content/60b90249-ec59-4a7d-bbf6-2d551cafc534.html>

### Wellchild/LMC meeting

There was a recent meeting hosted by TAS between the Wellchild providers and LMCs. TAS provided afternoon tea and there was lots of conversation about how we can work together to improve handover of care from LMC to Wellchild.



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## New Clinical Health of Department for Obstetrics and Gynaecology



Dr Meera Sood has taken up the role of Clinical Head of the Obstetrics and Gynaecology Department for Hutt Valley DHB. She has been working as an obstetrics and gynaecology specialist in Hutt Hospital since 2006. "My role as Obstetric Lead Clinician over the last four years has been both a pleasure and a great learning experience for me," says Dr Sood. "I look forward to extending that role as the Clinical Head of the O & G Department."

She says the department recently had a re-accreditation visit by The Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) and received a very encouraging assessment. "The culture of the unit has been praised by the assessors as one of the best they have observed. I am very proud to be a part of this amazing unit."

Dr Sood was born in India, and received her medical training in India

and the United Kingdom. Since moving to New Zealand she spent five years with Capital and Coast DHB as Senior Registrar. She was made a Fellow of RANZCOG in 2003 and has been Fellow of Royal College of Obstetricians and Gynaecologists (RCOG) London since 2001.

(Acting) Chief Medical Officer, Dr Sisira Jayathissa says he welcomes Dr Sood as a valuable addition to the senior clinical leadership team and is looking forward to work with her.

"It's so important to have high quality clinical leadership in organisational improvement and transformation to deliver best care for our patients and improve organisational efficiency. I am certain Dr Sood will be excellent in this role."

## GDM guidelines

Following the release, by the Ministry of Health, of the guidelines for the Screening, Diagnosis and Management of Gestational Diabetes in New Zealand in 2015, the Antenatal Diabetes Team has worked to change our recommendations for screening and management of Diabetes in Pregnancy to align with the national guidelines. In some instances however you might see that we have slightly different recommendations to the guidelines, agreed after discussion within the team particularly where we feel that the guidelines don't go far enough to detect women with gestational diabetes early in pregnancy. HBA1C is now part of the First Antenatal Blood Panel.



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## Welcome to Chris Mallon



Chris joined the Hutt and Wairarapa DHB's as our first Midwifery Director across the two DHB's in August 2015; working across the two at a 0.5fte. She also work at 0.5 fte as the Senior Maternity Advisor for the Ministry of Health (a 1 year placement).

Chris brings a wide range of experience in midwifery and maternity services to the newly created position. Some of her previous roles have included working as a LMC, Core midwife, ACMM, CMM, and a Educator, as well as professionally in national and regional roles some of these included the regional chair NZCOM (Wellington Region) a midwifery standard reviewer, a QLP portfolio assessor and a MERAS representative . Chris was appointed in February to the board of the Midwifery Council of New Zealand (3 year posting). She graduated with my

Masters of Health Care in 2013 from Victoria University

"So all and all life is busy but it keeps me on my toes and I am really enjoying working in the Midwifery Director role, I am slowly getting to know you all and learning where you all fit in the team. I am excited about what we can achieve as a whole for our mums and babies and all our midwives across the DHB's" Chris

## Loving Pepe for Life – Free Health 4 Life Educations Sessions

Loving Pēpe for Life's education is for midwives, nurses, childbirth educators, breastfeeding advisors, early childhood teachers, and any health worker, including volunteers, working with pregnant women in greater Wellington, Porirua, Hutt City and the Wairarapa.

- Loving Pepe for life resource
- Healthy eating for pregnancy and breastfeeding
- Physical activity during and after pregnancy
- Appropriate weight gain for pregnancy
- Promoting Tangata whenua maternal and child health wellness
- Supporting breastfeeding – using the Mama Aroha Talk Cards

Please contact Heather – Breastfeeding Education Specialist on 027 636 3118 or [heather.shane@xtra.co.nz](mailto:heather.shane@xtra.co.nz)



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## International Midwives Day

IMD was celebrated at the Hutt with an early bird breakfast cooked by CMM and ACMM, followed by an afternoon tea with a rather large cake and certificates for excellent care awarded to Mary Clare-Speyer, Krystal Williams, Lisa Scrimshaw (LMC) and Kerry Fitzsimmons (LMC).

On a lighter note certificates for *Midwifery Idol* were awarded to those recognized for bringing a positive attitude to their work (no singing was required!).

The anaesthetists baked the midwives a cake which was a lovely surprise and also very delicious.

We look forward to celebrating International Nurses day with our sisters and brothers out there on 12<sup>th</sup> May. We hope they have as much fun as we did.

## HuttMaternity vision

Everyone coming to our unit will be greeted with our new Huttmaternity vision. This vision was workshopped by the staff and quite nicely aligns to the DHB vision. The vision reflects what value we place on the work we do to support the health of women and babies in our community and our shared future.



## Tell Us!

Has there been something that you wanted a clinical update on more information on. Do you want some CME sessions? Tell us what you need from us - Send us an email to [huttmaternity@huttvalleydhb.org.nz](mailto:huttmaternity@huttvalleydhb.org.nz)

## Health Professionals section on website

We are please to announce that all maternity policies are now on our Huttmaternity website and can be found here

<http://www.huttmaternity.org.nz/content/7b9e6f28-8560-4417-9a68-7db04af3235c.html>

It also contains and events and training calendar or maternity education.